



Introduction: Quest and Unitarian Universalism

Come and awaken me, Spirit of the new,
Come and refresh me, Creator of Green life.
Come and inspire me, you who make all things new.

Set my feet to fresh paths this day: inspire me to speak original and life-giving words and to creatively give shape to the new.

Come and teach me how to dance with delight whenever you send a new melody my way.²

Quest: A Spiritual Journey was created to help Unitarian Universalists seek a deeper understanding of and commitment to their spiritual journey. It is a journey we take alone and one that is strengthened by those who walk with us in community. It is comprised of inward thought and outward deed. It is comprised of the vision, the stories, the hopes and prayers of many faiths and many lands. It is a journey toward wholeness, holiness, and peace. We welcome you on this journey.

This *Quest* program is unique in many ways. One important distinction is its larger context of being a program created for Unitarian Universalists. An important characteristic of our religious movement is our strong belief that we are all on a journey, all setting out on new paths each day, and yet we do not assert that we must all take the same path. Rather, we believe that each person must find and take the road that fits with their worldview, their own integrity, and their life experiences.

2. Edward Hays, *Prayers for a Planetary Pilgrim: A Personal Manual for Prayer and Ritual* (Notre Dame, IN: Ave Maria Press, 2008).

