



Sequence and Components

Retreat 1 (September)

“Cultivating Our Intentional Spiritual Community and Honoring the Spiritual Journey”

Meetings with mentors begin.

Mentor meetings are scheduled at the convenience of both mentor and partner and occur monthly.

Monthly Integration Groups (October)

Groups begin in October and continue throughout the duration of *Quest*. Each monthly integration group will be preceded by a potluck. During the months that there are retreats, the monthly meeting will take place on Sunday morning of the retreat. All integration groups relate to the curriculum design, retreat themes and the *Quest* Intentions.

Class (Fall, two, 2-hour sessions)

“Faith Development, Our UU Heritage, and Our Individual Faith Journey”

Retreat 2 (January)

“Exploring and Fostering Spiritual Practice”

Spiritual Practice Groups (February)

These practice groups begin, meet weekly, and continue throughout *Quest*.

