



Curriculum Overview

Beauty does not linger, it only visits. Yet beauty's visitation affects us and invites us into its rhythm, it calls us to feel, think and act beautifully in the world: to create and live a life that awakens the Beautiful.⁴

Quest: A Spiritual Journey is a living and changing process and experience. To that end we remember to take time to notice our surroundings—notice beauty, breathe beauty, and revel in the beauty of nature, relationships, and words. Interspersed among the documents that comprise *Quest* are poems for pure enjoyment. They are moments of respite along the Journey, times to enjoy the beauty of “right now.”

The intention of the **Curriculum Overview** is to highlight the major focus of each section and provide a brief summary of all documents.

Philosophy

The **Philosophy** section is the foundation that strives to ensure the spiritual integrity of all involved in the building of the *Quest* community.

Quest Intentions lays out the four foundational tenets to which *Quest* participants, *Quest* leadership, and the UU faith community(s) supporting *Quest* are asked to commit: Honor Our Spiritual Selves, Awaken Wisdom and Inherent Knowledge, Create Intentional Spiritual Community, and Embrace and Express Reverence for the Sacred Interdependent Web.

Quest: A Spiritual Journey is a visual representation of the metaphorical path walked by those in the *Quest* community.

Living Quest: Maintaining Spiritual Integrity explores the value of modeling spiritual integrity through the words and actions of those involved in *Quest* leadership.

Attending to Individuals and the Group throughout the *Quest* Experience (for facilitators) focuses on the necessity of finding the balance between honoring individual needs and responses and the group's needs and processes.

4. John O'Donohue, *Beauty: The Invisible Embrace* (New York: Harper Perennial, 2005).

